

ERMINIA M. GUARNERI, M.D., F.A.C.C., A.B.O.I.M.

La Jolla, California

EXPERIENCE

Co-Founder

Pacific Pearl La Jolla Center for Education and Learning 2013 – Present
6933 La Jolla Blvd, La Jolla, CA

Co-Founder, Medical Director

Guarneri Integrative Health, Inc. 2013 - Present
Pacific Pearl La Jolla
6919 La Jolla Blvd, La Jolla, CA

President

Academy of Integrative Health & Medicine 2014 - Present

President

American Board of Integrative Holistic Medicine 2013 - 2015

Senior Advisor Integrative Medicine

Atlantic Health System 2013 - 2016
Morristown, NJ

Senior Consultant in Integrative Medicine

Scripps Center for Integrative Medicine 1999- 2013
Scripps Clinic, La Jolla, CA

Co-Founder

Scripps Center for Integrative Medicine 1999
Scripps Clinic, La Jolla, CA

Medical Director

Scripps Center for Integrative Medicine 1999 - 2012
Scripps Clinic, La Jolla, CA

Medical Director

Scripps Health Ornish Program for Reversing Heart Disease 1996 - 1998
Scripps Clinic, La Jolla, CA

Interventional Cardiology Attending

Scripps Clinic, La Jolla, CA 1995 - 2003

POSTDOCTORAL TRAINING

Fellow of the American College of Nutrition <i>American College of Nutrition, Clearwater FL</i>	2015 - Present
Interventional Cardiology Fellow <i>Scripps Clinic and Research Foundation, La Jolla, CA</i>	1994 - 1995
Cardiac Catheterization and Interventional Fellow <i>New York University Medical Center, New York, NY</i>	1993 - 1994
Cardiology Clinical Fellow <i>New York University Medical Center, New York, NY</i>	1991 - 1993
Chief Medical Resident <i>The New York Hospital, New York, NY</i>	April 1991 – June 1991
Intern/Resident, Internal Medicine 1988 – 1991 <i>Cornell Medical Center, The New York Hospital, Memorial Sloan Kettering Hospital, Hospital for Special Surgery, New York, NY</i>	

EDUCATION

M.D. <i>SUNY Downstate Medical Center, Brooklyn, NY</i>	1988
B.A., English Literature <i>New York University, New York, NY</i>	1981

ACADEMIC APPOINTMENTS

Assistant Clinical Professor, Department of Medicine <i>University of California San Diego, School Medicine San Diego, CA</i>	2001 - Present
Director of Integrative Cardiology Fellowship <i>Scripps Center for Integrative Medicine and Department of Cardiology Scripps Clinic, La Jolla, CA</i>	2004 - 2012

National University	2009 - 2011
Teaching Associate, Department of Medicine <i>New York University School of Medicine</i> New York, NY	1991 - 1994

AWARDS AND HONORS

2016 Health and Wellness Pioneer Woman of the Year Award San Diego Magazine	2016
Lights of LightBridge Award LightBridge Hospice Community Foundation	2016
Grace A. Goldsmith Award The American College of Nutrition	2012
Linus Pauling Functional Medicine Lifetime Achievement Award Institute for Functional Medicine	2012
Bravewell Physician Leadership Award The Bravewell Collaborative	2011
Inner IDEA Inspiration Award IDEA Health & Fitness Association	2011
Scientist of the Year Award ARCS Foundation – San Diego Chapter	2009
Project Concern International Honorary for Southeast Asia Project Concern International	2008
UCSD Most Outstanding Outside Facility University of California, San Diego	2007
Nominated Finalist Bravewell Award for Integrative Medicine Bravewell Foundation	2005
Recipient Frontiers In Medicine Award Scripps Foundation Scripps Foundation	2004
Nominated Finalist Bravewell Award for Integrative Medicine Bravewell Foundation	2003
Jadwin Scholarship for Most Outstanding Student SUNY, Downstate Medical Center	1988
Lemmon Company Award for Academic Excellence SUNY, Downstate Medical Center	1988
Merck Manual Award for Academic Excellence SUNY, Downstate Medical Center	1988
Janet H. Glasgow Memorial Achievement Citation SUNY, Downstate Medical Center	1988
Alpha Omega Alpha, Elected SUNY, Downstate Medical Center	1987
Neuroscience Award for Academic Excellence SUNY, Downstate Medical Center	1985

LICENSURE AND CERTIFICATION

Licensed, New York State (180997)
Licensed, California (G078641)
Licensed, Hawaii (13559)
Board Certified, ABIM Nuclear Cardiology, 2004
Board Certified, ABIM Cardiology, 1995; Re-certified 2005, 2015
Board Certified, ABIM Internal Medicine, 1991; Re-certified 2002; 2014
Board Certified, ABOIM Integrative Medicine, 2015
Board Certified, ABIHM Holistic Integrative Medicine, Lifetime certified

PROFESSIONAL SOCIETIES AND AFFILIATIONS

Academy of Integrative Health and Medicine, President
American Board Integrative Holistic Medicine, Former President, Diplomate
American Board of Physician Specialties in Integrative Medicine, Founding Board Member
American College of Physicians, Member
American College of Cardiology, Member
American Holistic Medical Association, Diplomate
American Medical Women's Association, Member
Alpha Omega Alpha, Member
Medical Society of the State of New York, Member

PUBLICATIONS

1. Pizzorno J, Bland J, Guarneri M, Stephenson S. How to Cure the Sick Health Care System: An Open Letter to President Trump from Leaders in Functional/Integrative/Natural Health and Medicine. *Integrative Medicine: A Clinician's Journal*. 16(1):8-21, 2017.
2. Jain S, Ives J, Jonas W, Hammerschlag R, Muehsam D, Vieten C, Vicario D, Chopra D, Prittinen King R, Guarneri E. Biofield Science and Healing: An Emerging Frontier in Medicine. *Global Advances in Health and Medicine*. 4 (suppl):5-7, 2015.
3. Guarneri E, Prittinen King R. Challenges and Opportunities Faced by Biofield Practitioners in Global Health and Medicine: A White Paper. *Global Advances in Health and Medicine*. 4(suppl):89-96, 2015.

4. Houston M, Guarneri M, Kahn J. ISIFMC Position Paper on the HPS2-THRIVE Study. *International Journal of Human Nutrition and Functional Medicine* 2(3);1, 2014.
5. Wolever RQ, Abrams DI, Kligler B, Dusek JA, Roberts R, Frye J, Edman JS, Amoils S, Pradhan E, Spar M, Gaudet T, Guarneri E, Homel P, Amoils S, Lee RA, Berman B, Monti DA, Dolor R. Patients seek integrative medicine for preventive approach to optimize health. *Explore* 8(6):348-52, 2012.
6. Jain S, McMahon GF, Hansen P, Kozub MP, Porter V, King RP, Guarneri EM. Healing Touch with Guided Imagery for PTSD in Returning Active Duty Military: A Randomized Controlled Trial. *Military Medicine* 177:9, 1015-1021, 2012.
7. MacKay D, Hathcock J, Guarneri E. Niacin: chemical forms, bioavailability, and health effects. *Nutrition Reviews* 70:3, 357-366, 2012.
8. Kreikebaum S, Guarneri E, Talavera G, Madanat H, Smith T. Evaluation of a holistic cardiac rehabilitation in the reduction of biopsychosocial risk factors among patients with coronary heart disease. *Psychology, Health & Medicine* 16:3, 276 – 290, 2011.
9. Guarneri EM, Horrigan BJ, Pechura CM. The efficacy and cost effectiveness of integrative medicine: a review of the medical and corporate literature. *Explore* 6:308-312, 2010.
10. Brugts JJ, Mercado N, Hu S, Guarneri M, Price M, Schatz R, Teirstein P, Wijns W, Serruys PW, O'Neill WW, Boersma E. Relation of periprocedural bleeding complications and long-term outcome in patients undergoing percutaneous coronary revascularization (from the Evaluation of Oral Xemilofiban in Controlling Thrombotic Events [EXCITE] Trial). *Am J Cardiol* 103(7):917-922, 2009.
11. Swanson KS, Gevirtz RN, Brown M, Spira J, Guarneri E, Stoletniy L. The effect of biofeedback on function in patients with heart failure. *Appl Psychophysiol Biofeedback* 34(2):71-91, 2009.
12. Guarneri M, Mercado N, Suhar C. Integrative Approaches for Cardiovascular Disease. *Nutr Clin Pract* 24 (6):701-709, 2009.
13. Mercado N, gts JJ, Ix JH, Shlipak MG, Dixon SR, Gersh BJ, Lemos PA, Guarneri M, Teirstein PS, Wijns W, Serruys PW, Boersma E, O'Neill WW. Usefulness of proteinuria as a prognostic marker of mortality and cardiovascular events among patients undergoing percutaneous coronary intervention (data from the Evaluation of Oral Xemilofiban in Controlling Thrombotic Events [EXCITE] Trial). *Am J Cardiol* 102(9):1151-1155, 2008.
14. Kreikebaum S (Sgoutas-Emch S, Guarneri M). Assessment of a Holistic Cardiac Rehabilitation Intervention, *Journal of Psychological Inquiry* 12(1):19-23, 2007.

15. Feldman AM, Silver MA, Francis GS, Abbottsmith CW, Fleishman BL, Soran O, de Lame PA, Varrichhione T for the PEECH Investigators. Enhanced external counter pulsation improves exercise tolerance in patients with chronic heart failure. *JACC* 48(6):1198-1205, 2006. Epub 2006 Aug 25.
16. Pischke CR, Weidner G, Elliott-Eller M, Scherwitz L, Merritt-Worden TA, Marlin R, Lipsenthal L, Finkel R, Saunders D, McCormac P, Scheer JM, Collins RE, Guarneri EM, Ornish D. "Comparison of coronary risk factors and quality of life in coronary artery disease patients with versus without diabetes mellitus." *Am J Cardiol* 97(9):1267-1273, 2006.
17. Krucoff MW, Crater SW, Gallup D, Blankenship JC, Cuff M, Guarneri M, Kreiger RA, Kshetry VR, Morris K, Oz M, Pichard A, Sketch MH Jr, Koenig HG, Mark D, Lee KL. "Music, imagery, touch, and prayer as adjuncts to interventional cardiac care: the Monitoring and Actualisation of Noetic Trainings (MANTRA) II randomized study." *Lancet* 366:211-217, 2005.
18. Bonakdar RA, Guarneri EM. "Coenzyme Q10." *American Family Physician* 72(6):1065-1070, 2005.
19. Vogel JH, Bolling SF, Costello RB, Guarneri EM, Krucoff MW, Longhurst JC, Olshansky B, Pelletier KR, Tracy CM, Vogel RA, Vogel RA, Abrams J, Anderson JL, Bates ER, Brodie BR, Grines CL, Danias PG, Gregoratos G, Hlatky MA, Hochman JS, Kaul S, Lichtenberg RC, Lindner JR, O'Rourke RA, Pohost GM, Schofield RS, Shubrooks SJ, Tracy CM, Winters WL Jr; American College of Cardiology Foundation Task Force on Clinical Expert Consensus Documents (Writing Committee to Develop an Expert Consensus Document on Complementary and Integrative Medicine). Integrating complementary medicine into cardiovascular medicine. A report of the American College of Cardiology Foundation Task Force on Clinical Expert Consensus Documents (Writing Committee to Develop an Expert Consensus Document on Complementary and Integrative Medicine). *JACC* 46(1):184-221, 2005.
20. Del Pozo JM, Gevirtz RN, Scher B, Guarneri E. Biofeedback treatment increases heart rate variability in patients with known coronary artery disease. *Am Heart J* 147(3):E11, 2004.
21. Koertge J, Weidner G, Elliott-Eller M, Scherwitz L, Merritt-Worden TA, Marlin R, Lipsenthal L, Guarneri EM, Finkel R, Saunders Jr, DE, McCormac P, Scheer JM, Collins RE, Ornish D. Improvement in medical risk factors and quality of life in women and men with coronary artery disease in the Multicenter Lifestyle Demonstration Project. *Am J Cardiol* 91:1316-1322, 2003.
22. Grise MA, Massullo V, Jani S, Popma JJ, Russo RJ, Schatz RA, Guarneri EM, Steuterman S, Cloutier DA, Leon MB, Tripuraneni P, Teirstein PS. Five-year clinical follow-up after intracoronary radiation. Results of a randomized clinical trial. *Circulation* 105:2737-2740, 2002.

23. Teirstein PS, Massullo V, Jani S, Popma JJ, Russo RJ, Schatz RA, Guarneri EM, Steuterman S, Sirkin K, Cloutier DA, Leon MB, Tripuraneni P. Three-year clinical and angiographic follow-up after intracoronary radiation. Results of a randomized clinical trial. *Circulation* 101(4):360-365, 2000.
24. Lansky AJ, Popma JJ, Massullo V, Jani S, Russo RJ, Schatz RA, Steuterman S, Guarneri EM, Wu H, Mehran R, Mintz GS, Leon MB, Teirstein PS. Quantitative angiographic analysis of stent restenosis in the Scripps Coronary Radiation to Inhibit Intimal Proliferation Post Stenting (SCRIPPS) Trial. *Am J Cardiol* 84:410-414, 1999.

25. Edep ME, Guarneri EM, Teirstein PS, Phillips PS, Brown DL. Differences in TIMI frame count following successful reperfusion with stenting or percutaneous transluminal coronary angioplasty for acute myocardial infarction. *Am J Cardiol* 83:1326-1329, 1999.
26. Teirstein PS, Massullo V, Jani S, Russo RJ, Cloutier DA, Schatz RA, Guarneri EM, Steuterman S, Sirkin K, Norman S, Tripuraneni P. Two-year follow-up after catheter-based radiotherapy to inhibit coronary restenosis. *Circulation* 99(2):243-247, 1999.
27. Guarneri EM. Contemporary Management of Hyperlipidemia. *The Cortlandt Forum* 12(6):182-187, 1999.
28. Guarneri EM, Califano JR, Schatz RA, Morris NB, Teirstein PS. Utility of standby cardiopulmonary support for elective coronary interventions. *Cathet Cardiovasc Intervent* 46:32-35, 1999.
29. Teirstein PS, Massullo V, Jani S, Popma JJ, Mintz GS, Russo RJ, Schatz RA, Guarneri EM, Steuterman S, Cloutier DA, Leon MB, Tripuraneni P. A subgroup of the SCRIPPS Coronary Radiation to Inhibit Proliferation Post-Stenting Trial. *Int J Radiat Oncol Biol Phys* 42(5):1097-1104, 1998.
30. Teirstein PS, Massullo V, Jani S, Popma JJ, Mintz GS, Russo RJ, Schatz RA, Guarneri EM, Steuterman S, Morris NB, Leon MB, Tripuraneni P. Catheter-based radiotherapy to inhibit restenosis after coronary stenting. *N Engl J Med* 336:1697-1703, 1997.
31. Guarneri EM. Management of peripheral vascular disease. *Cortlandt Forum on Interventional Cardiology* 19(8):162-176, 1997.
32. Guarneri E. A complex revascularization. *Cortlandt Forum on Interventional Cardiology* 3(3):27-28, 1997.
33. Guarneri E, Norman S, Russo R. Escape from stent jail. A diagnostic challenge. *Cortlandt Forum on Interventional Cardiology* 13(2):18-19, 1997.
34. Carlson TA, Guarneri EM, Stevens KM, Norman SL, Schatz RA. "T-stenting": The answer to bifurcation lesions? *Circulation* 94(8):496, 1996.
35. Massullo V, Teirstein PS, Jani S, Russo RJ, Guarneri EM, Jin H, Schatz RA, Morris NB, Steuterman S, Popma JJ, Mintz GS, Leon MB, Tripuraneni P. Endovascular brachytherapy to inhibit coronary artery restenosis: An introduction to the SCRIPPS Coronary Radiation to Inhibit Proliferation Post Stenting Trial (Editorial). *Int J Radiat Oncol Biol Phys* 36(4):973-975, 1996.

36. Guarneri E, Russo R, Zalman E, Morris N, Teirstein P. Treatment of a left internal mammary graft ostium stenosis using a Palmaz-Schatz stent with intravascular ultrasound guidance and reduced anticoagulation. *J Intervent Cardiol* 9(6):459-461, 1996.
37. Guarneri E, Rosenzweig B. Transesophageal echocardiography in the evaluation of aortic trauma. *Echocardiography* 13(2):247-258, 1996.
38. Bowling S, Guarneri E, Schatz R, Teirstein P. High-speed rotational atherectomy of tortuous coronary arteries with guidewire-associated pseudostenosis. *Cathet Cardiovasc Diagn* 3:82-84, 1996.
39. Guarneri EM, Sklar MA, Russo RJ, Claire D, Schatz RA, Teirstein PS. Escape from stent jail – an in-vitro model. *Circulation* 92(8):3301, 1995.
40. Teirstein PS, Schatz RA, Russo RJ, Guarneri EM, Stevens KM. Coronary stenting of small-diameter vessels – is it safe? *Circulation* 92(8):1333, 1995.
41. Chinitz L, Bernstein N, Guarneri E, Glotzer T. Successful radiofrequency ablation of atrial-flutter with linear lesions. *Journal of the American College of Cardiology, Special Issue*:342, 1994
42. Guarneri E, Tunick PA, Kennedy JT, Kronzon I. Horizontal plane transesophageal echocardiography may be false-negative for large tricuspid vegetation. *J Echocardiography II*:35-37, 1994.
43. Rosenzweig B, Guarneri E, Kronzon I. Echocardiographic manifestations in a patient with pseudoxanthoma elasticum. *Ann Intern Med* 119:487-491, 1993.

ABSTRACTS

1. Guarneri M, Lamas GA, Boineau R, Bradley R, Goertz C, Mark DB, Rosenberg Y, Stylianou M, Rozema T, Nahin RL, Linblad L, Lewis EF, Drisko J, Lee KL; TACT (Trial to Assess Chelation Therapy) Investigators. High-dose multi-vitamin and mineral for the secondary prevention of cardiovascular events in patients not treated with statins: A TACT subgroup analysis. Presented, American Heart Association, November 2015.
2. Porter V, Guarneri E. An Integrative Approach to Cardiovascular Disease Prevention Improves Psychological and Depressive Measures. Poster Presentation, American College of Preventive Medicine Conference, February 2007.
3. Grise MA, Jani S, Russo RJ, Schatz RA, Guarneri EM, Steuterman S, Massullo V, Tripuraneni P, Teirstein PS. Five-year clinical follow-up after intracoronary radiation: Results of a randomized trial. *Circulation* 104:II-348, 2001.

4. Teirstein PS, Massullo V, Jani S, Popma JJ, Mintz GS, Russo RJ, Schatz RA, Guarneri EM, Steuterman S, Sirkin K, Norman S, Leon MB, Tripuraneni P. Three-year clinical and angiographic follow-up after catheter-based intracoronary radiotherapy. *JACC (Suppl A)* 33(2):56A, 1999.
5. Teirstein PS, Massullo V, Jani S, Popma JJ, Mintz GS, Russo RJ, Schatz RA, Guarneri EM, Steuterman S, Leon MB, Tripuraneni P. Three-year clinical and angiographic follow-up after catheter-based intracoronary radiotherapy. *Journal of Endovascular Surgery* 6(1):118, 1999.
6. Arbab-Zadeh A, Russo RJ, Bhargava V, Jani SK, Kimura BJ, Massullo V, Schatz RA, Guarneri EM, Morris NB, Tripuraneni P, Lucisano J, Teirstein PS. Centering of the radiation source in the artery lumen results in crucial improvement of radiation dose heterogeneity in saphenous vein grafts: Observations from the SCRIPPS Trial. *Circulation (Suppl)* 98(17):I-779, 1998.
7. Russo RJ, Massullo V, Jani SK, Schatz RA, Guarneri EM, Steuterman S, Morris NB, Tripuraneni P, Stevens KM, Teirstein PS. Restenting versus PTCA for in-stent restenosis with or without intracoronary radiation therapy: An analysis of the SCRIPPS trial. *Circulation (Suppl)* 96(8):I-219, 1997.
8. Arbab-Zadeh A, Russo RJ, Jani SK, Bhargava V, Kimura BJ, Massullo V, Schatz RA, Guarneri EM, Morris NB, Tripuraneni P, Lucisano JE, Teirstein PS. A comparison of centered vs non-centered source for intracoronary radiation therapy: Observations from the SCRIPPS Trial. *Circulation (Suppl)* 96(8):I-219, 1997.
9. Teirstein PS, Massullo V, Jani SK, Cloutier DA, Popma JJ, Russo RJ, Guarneri EM, Steuterman S, Morris NB, Tripuraneni P, Schatz RA. Radiotherapy to reduce restenosis: Subgroup analysis of the SCRIPPS Randomized Trial. *Circulation (Suppl)* 96(8):I-218, 1997.
10. Teirstein PS, Massullo V, Jani S, Mintz GS, Russo RJ, Schatz RA, Steuterman S, Morris NB, Guarneri EM, Leon MB, Tripuraneni P, Popma JJ. Radiotherapy reduces coronary restenosis: Late follow-up. *JACC February*:397A, 1997.
11. Mintz GS, Massullo V, Popma JJ, Jani S, Russo RJ, Schatz RA, Steuterman S, Morris NB, Guarneri EM, Leon MB, Teirstein PS. Transcatheter iridium-192 irradiation reduces in-stent neointimal tissue proliferation: A serial volumetric intravascular ultrasound analysis from the SCRIPPS Trial. *JACC February*:60A, 1997.
12. Lansky AJ, Popma JJ, Mintz GS, Massullo V, Jani S, Russo RJ, Schatz RA, Steuterman S, Guarneri EM, Russo S, Morris NB, Leon MB, Teirstein PS. Stent margin restenosis after coronary intervention. A quantitative analysis of segmental lumen changes in the Scripps Radiation in Restenotic Lesion Study. *JACC February*:77A, 1997.
13. Teirstein PS, Massullo V, Jani S, Popma JJ, Mintz GS, Russo RJ, Schatz RA, Steuterman S, Morris NB, Guarneri EM. Radiation therapy following coronary stenting--6-month follow-up of a randomized clinical trial. *Circulation (Suppl)* 94:I-

210, 1996.

14. Steinhubl S, Moliterno D, Teirstein P, Guarneri E, Augirre F, Ferguson J, Perin E, Strickman N, Kereiakes D, Tchong J, Ellis S, Topol E. Stenting for acute myocardial infarction: The early United States multicenter experience. Presented, American College of Cardiology, 45th Annual Scientific Session, Orlando, FL, 1995; JACC (Suppl) 27:279A, 1996.
15. Guarneri E, Norman S, Stevens K, Matthews O, Schatz R, Teirstein P. Rotational atherectomy prior to stent implantation. Presented, American College of Cardiology, 45th Annual Scientific Session, Orlando, FL, 1995; JACC (Suppl) 27:252A, 1996.
16. Guarneri E, Schatz R, Sklar M, Norman S, Morris N, Johnson A, Teirstein P. Acute coronary syndromes: Is it safe to stent. Presented, American Heart Association, 68th Scientific Session, Anaheim, CA, 1995. Circulation (Suppl) 92:I-545, 1995.
17. Teirstein P, Schatz R, Russo R, Guarneri E, Stevens KM. Coronary stenting of small diameter vessels: Is it safe? Presented, American Heart Association, 68th Scientific Session, Anaheim, CA, 1995; Circulation (Suppl) 92:I-281, 1995.
18. Guarneri E, Sklar M, Russo R, Claire D, Schatz R, Teirstein P. Escape from stent jail: An *in vitro* model. Presented, American Heart Association, 68th Scientific Session, Anaheim, CA, 1995; Circulation (Suppl) 92:I-546, 1995.
19. Guarneri E, Schatz R, Shows D, Spinks T, Morris N, Teirstein P. Utility of standby CPS for elective coronary intervention. Presented, American College of Cardiology, 44th Annual Scientific Session, New Orleans, LA, 1994; JACC Feary:150A, 1995.
20. Chinitz L, Bernstein N, Guarneri E, Glotzer T. Successful radio frequency ablation of atrial flutter with linear lesions. Presented at the American College of Cardiology, 43rd Annual Scientific Session, March 1993.

BOOKS

1. Guarneri M, Tager M. *Total Engagement: The Healthcare Practitioner's Guide to Heal Yourself, Your Patients and Your Practice*, Ranch Santa Fe, CA: Change Well Inc., 2014.
2. Guarneri M. *The Heart Speaks: A Cardiologist Reveals the Secret Language of Healing*, New York, NY: Simon & Schuster, 2006.

BOOK CHAPTERS

1. Guarneri E, Uddin P. Chapter 28: Integrative Cardiology: Nutrition, Nutraceuticals and Enhancing Resiliency in Cardiovascular Disease. In: *AAPI's Nutrition Guide to Optimal Health: Using Principles of Functional Medicine and Nutritional Genomics Part 2*. American Association of Physicians of India Origin, 2012.
2. Guarneri E, Suhar C. Chapter 12: Integrative Approaches to Cardiovascular Disease. In: *Integrative Cardiology*. DeVeries S, Dalen J (eds). Oxford University Press, Inc., Oct 2010.
3. Guarneri E, Kaback E, Lipsenthal L. Chapter 13: Integrative Approaches to Heart Failure. In: *Integrative Cardiology*. DeVries S, Dalen J (eds). Oxford University Press, Inc., Oct 2010.
4. Triffon D, Guarneri E. Chapter 4: Dyslipidemia and Atherosclerosis. In: *Food and Nutrients in Disease Management*. Kohlstadt I (ed). Boca Raton, FL: CRC Press, Taylor & Francis Group, LLC, pp. 63-74, 2009.
5. Guarneri E, Suhar C, Prittinen-King R. Chapter 11: The role of stress and various modalities for dealing with stress and prevention. In: *Integrative Cardiology*. Vogel JHK, Krucoff MW (eds). New York, NY: McGraw-Hill Companies, Inc., pp. 197-208, 2007.
6. Bonakdar RA, Guarneri E, Costello R. Chapter 8: Herbal and dietary supplements in cardiovascular care: Efficacy and incorporation into practice. In: *Integrative Cardiology*. Vogel JHK, Krucoff MW (eds). New York, NY: McGraw-Hill Companies, Inc., pp. 133-168, 2007.
7. Scher B, Guarneri E, Hart JA, Ornish D. Chapter 31: Multiple risk-factor intervention trials. In: *Clinical Trials in Heart Disease, 2nd Edition*. Manson JE, Ridker PM, Buring JE, Gaziano JM (eds). New York, NY: Elsevier/W.B. Saunders, pp. 399-411, 2004.

MULTICENTER RESEARCH

1. Ornish D. Avoiding revascularization with lifestyle changes: The Multicenter Lifestyle Demonstration Project, Dean Ornish, M.D., for the Multicenter Lifestyle Demonstration Project Research Group, ©1998 by Excerpta Medica, Inc. *Am J Cardiol* 1998;82:72T-76T. One of the Program Sites: Scripps Health, Shiley Sports & Health Center, La Jolla, CA, Erminia Guarneri, M.D., Medical Director

